

FORWARD WITH FAITH

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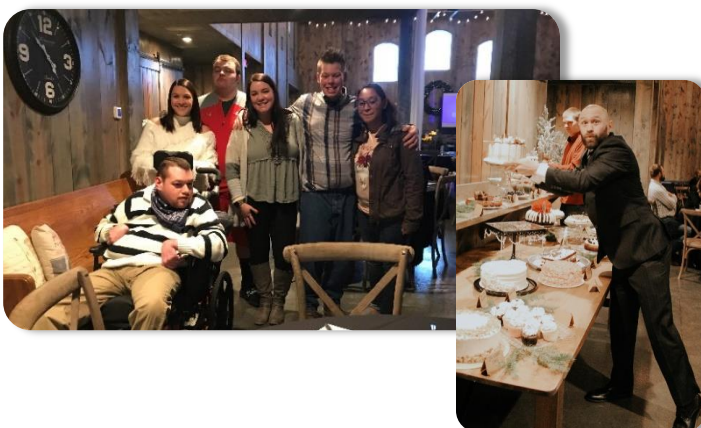


DESSERT DASH

ACHIEVED...To successfully bring about or reach (a desired objective, level, or result) by effort, skill, or courage. The perfect word to sum up what so many of you helped 818 Forward With Faith ACHIEVE at the 3rd Annual Dessert Dash held on February 7, 2020.



Thank you for making a difference in the lives of those living with disabilities. Your support gives possibilities for a cutting edge housing alternative that also links possibilities and resources to navigate the path to living more independently for each individual and their families. The evening of February 7 was filled with fun, fellowship, a fantastic speaker -- Navy Seal, Patrick Bisher -- and a total amount raised of approximately \$40,000 to further the cause of FWF. Simply put, if it wasn't for faithful supporters like you, we wouldn't exist. So thank you for supplying the funds that we need to make a difference in the lives of those living with disabilities. The second FWF home, a home for adult women living with disabilities, is coming soon!



SAVE THE DATE!

Come support FWF at a

BBQ

★ *bash* ★

Enjoy pulled pork sandwiches & chips
curbside at FWF's 1st home

812 Lincoln Pella, IA

08★15★2020

MEET THE RESIDENTS



CALEB FYNAARDT

Caleb is 23 years old. He was born with cerebral palsy and is non-ambulatory and non-verbal and a friend to all! Caleb enjoys being outdoors, riding his bike, playing games, coloring, cooking and watching movies. To say Caleb

enjoys his "second home" at 812 Lincoln is an understatement. Caleb is ALL ABOUT this home and is filled with joy and contentment living there. Caleb says "Thanks for all the support and for sharing EVERYTHING YOU DID to make it happen - you are A FOREVER FRIEND".



MARCUS GOODYK

Marcus is 19 years old. He was diagnosed with autism when he was 3. Marcus is the life of the party. He is a great friend to everyone. He enjoys playing games, watching TV, and playing video games. He LOVES My Little

Pony. If you ask him about them, he will tell you everything you could ever want to know and then some. Marcus loves his new home. His housemates and staff have become a second family to him. Marcus is very grateful for the opportunity FWF has given him to flourish and grow into a great young man!!



RYAN DE VRIES

R--Raring to go all the time!
Y--Yesterday's memories are ready conversation topics.
A--Always smiling!
N--Needs his Word Search book handy.

D--Delights in his new house.
E--Eager to please.

V--Virus rules bother him.
R--Ready to visit his nieces and nephew.
I--Image bearer of God.
E--Enemyless.
S--Special to all who know him.



MARK STEIMLING

Mark is 24 years old. He attended Pella High School. He is an easy going, happy guy and a sport fanatic! He continues to support PHS athletics.

He works at Central College, splitting his time between the Central Market and Central College Athletics. He participates in Special Olympics of Iowa and has earned Olympic medals in Flag Football, Basketball and Softball. One of his favorite things is spending time with his older sister, Nicole. Mark loves the independence of his new home, he likes teasing the staff, playing card games, cooking and "hanging out" with his roommates.

A DAY IN THE LIFE OF THE GUYS AT FWF

(including the COVID-19 crisis that brought a whole new look for all)

7:00	Get Up
8:00	Breakfast
9:00	Daily Cares / Straighten Up Rooms
10:00	Craft Time
11:00	Exercise
12:00	Lunch
1:00	Walk Outside (if possible)
2:00	Electronic Time / Watch TV / Relax
3:30	Play a Game
4:30	Workbook Page – Instruction from Staff
5:30	Begin to Prepare Supper (Help if it's your turn)
6:30	Eat Supper / Clean Up Together
7:00	Watch TV or Play a Game (UNO, SkipBo, Crazy 8's)
8:30	Shower / Quiet Time
10:00	Bedtime



You will also find them shooting hoops, taking walks, riding their bikes, or hanging out on the front porch grilling while playing corn hole. They also enjoy Friday night Nerf Wars and watching a variety of sports and cartoons. When not restricted to their home because of COVID-19, they hold jobs at Central College and Pella Community School, frequent DayHab activities at the library and bowling alley, swim at the indoor pool, and spend lots of time with family and friends in and out of the home.